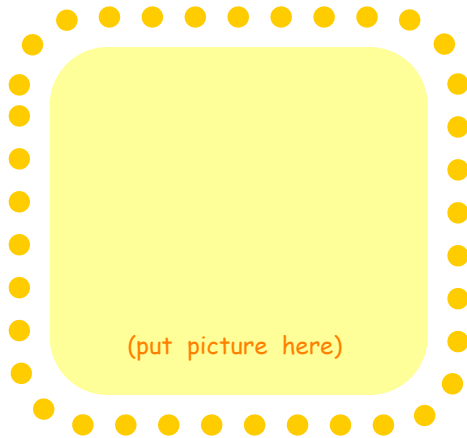


# My review

## Family booklet



Young person's name

.....  
Your name  
.....

This is a booklet to help you think about the young person's life and plan their review.

You can record information about the young person in whatever way you want, you can write, draw, use photos or pictures. Please include....

the things they like and things they don't like....


things that are important to the person, things they want to stay the same and those they want to change.

their hopes and dreams for the future


Use the blank pages and add extra pages if you need to.



You may want to take copies of the pages to stick on the charts at the meeting




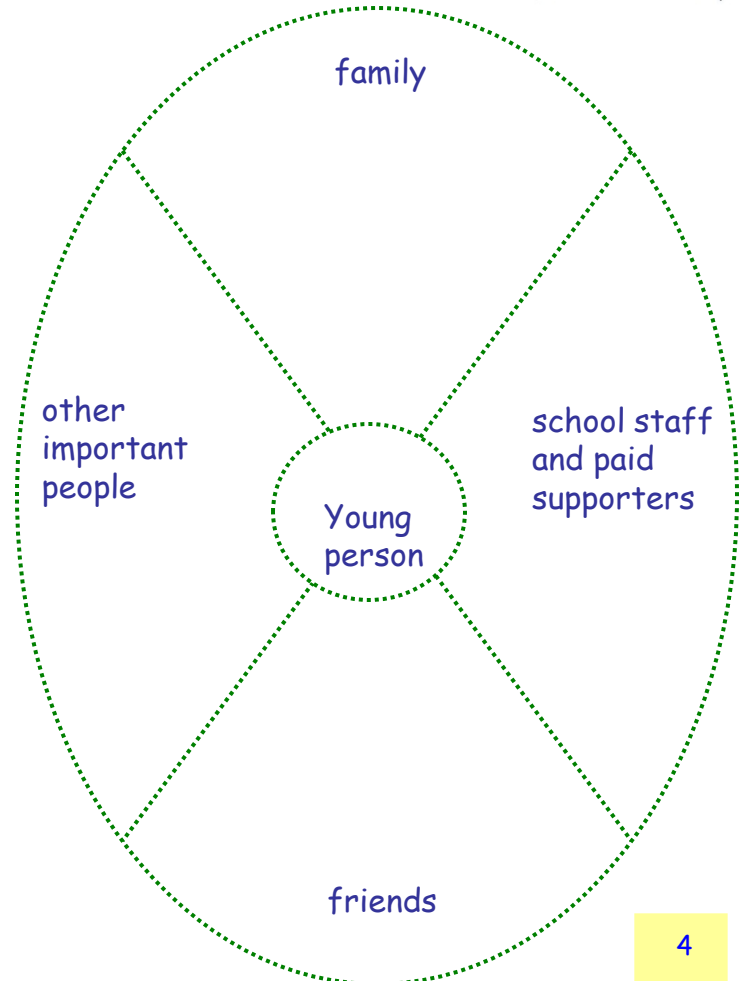
What you like and admire best about .....  
put your words in the stars



3

## Important people in ..... life

Put names in the spaces. Only place people on this page you feel sure the young person would want on.

family

school staff and paid supporters

friends

other important people

Young person

4

# What is important to..... now

What..... likes to do

At home...



Blank space for writing about what is important at home.

Just for fun/with friends



Blank space for writing about what is important just for fun/with friends.

At any other important places they go...including school

Blank space for writing about what is important at other important places.

# What is important to..... now

Music



Hobbies



Drink



Food



Tv programmes



What they really don't like at home or elsewhere



## What is important to ..... now



How .....  
gets to and from  
school

Things they **like** at  
school

Things they  
**dislike** at school

7



## What is important to ..... now

Since the last review  
..... has got better at

What would you like  
..... to  
get better at and what help will  
they need to do this

8

Important to..... for the future

What are ..... hopes and dreams for the future?



What do you wish for ..... in the future

Important to..... for the future

.....would be happy if

..... would not be happy if

Other things ..... would really love to do or have



## Staying healthy and safe

What ..... can do for themselves



What ..... would like to be able to do for themselves

What help ..... needs to do these things

11

## Communication

What ..... does when they are feeling

Happy..



Sad...

Frustrated..

Angry...

Unwell or in pain...

12

## Communication

What people should do if ..... is

Unwell or in pain

.....  
.....  
.....  
.....  
.....  
.....

Sad or upset

.....  
.....  
.....  
.....  
.....  
.....

Things you should never do



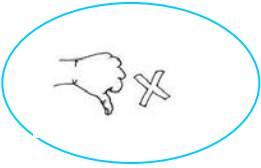
13



What is working in  
..... life now

What do you think ..... would want to  
stay the same in their life?

14

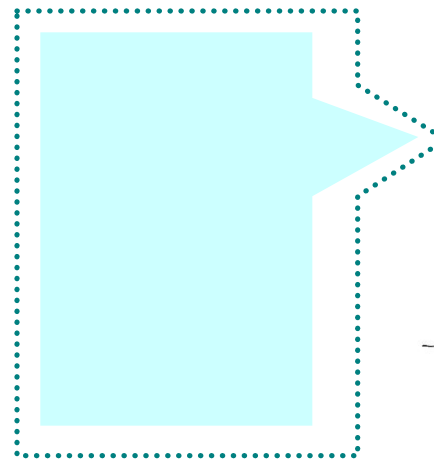
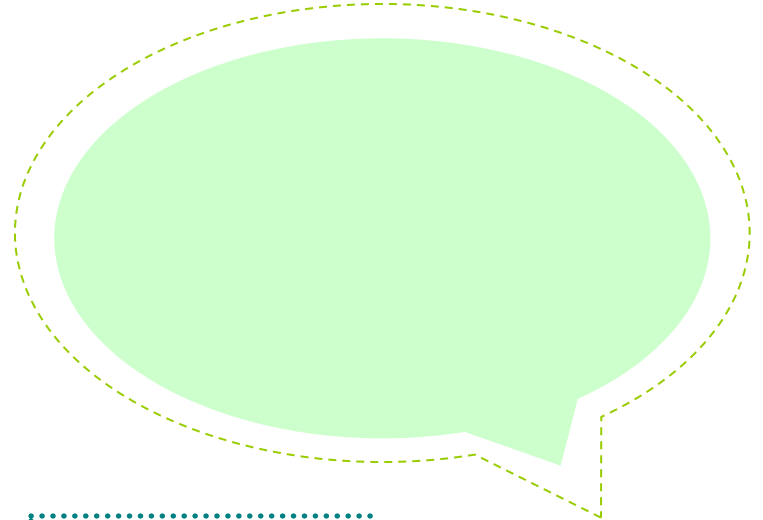


What is not working  
in ..... life now

What do you think ..... would want to  
change in their life?

## Questions to ask Issues to resolve

Make a list of anything you want to find out  
about.







**Workbook developed by:** Niki Marshall, Diane Staniforth and Ruth Mathiesen based on the year 9 Person Centred Review process by Helen Sanderson.



Sheffield Care Trust



Joint Learning Disabilities Service

HELEN SANDERSON ASSOCIATES

We are happy for you to copy and adapt this book as long as the authors and organisations are acknowledged.

