How to ask for our involvement

Most young people with will have their needs met through their educational setting. Other professionals may help staff in school and staff may get advice from other professionals. However, sometimes an educational psychologist may be asked to help.

If you think you may require educational psychology involvement:

- You can ask your educational setting to see if they can arrange for an educational psychologist to get involved.
- Contact the Educational Psychology Service yourself. The educational psychologist will tell you whether they are the correct service to become involved.

The Team

The team is made up of educational psychologists who hold a professional qualification in educational psychology and who are all registered with the Health Care Professional Council.

The team is led by Rachel Woodford Principal Educational Psychologist.

North Lincolnshire Educational Psychology Team supports the training of new educational psychologists. At anytime there will be trainee educational psychologists working with us who are undertaking a Doctorate in Applied Educational Psychology.

Contact details

Any queries can be directed to educational psychology based at:

Church Square House,

30-40 High Street

Scunthorpe

DN15 6NL

nledpsychology@northlincs.gov.uk

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Educational Psychology

Information for young people

Working to help children and young people grow and develop.

North Lincolnshire Council

What is an Educational Psychologist?

Educational psychologists work with children and young people aged 0-25.

We believe every child and young person, with or without SEND (Special Educational Needs and Disabilities), has the ability to achieve and learn new skills, to enjoy positive emotional health and well-being, and have the right to belong and be included in education and their community.

Educational psychologists use their knowledge of psychology to help create positive change for the people they work with.

The aim of the work of an educational psychologist is to understand what makes a difference to a young person, their strengths and how they can be built upon.

What do educational psychologist do?

They aim to:

- Develop a shared understanding of an individual's strengths, things they find difficult and what should happen to support them.
- Agree targets strategies and interventions to help an individual make progress
- Help individual feel more confident about themselves and prepare for adulthood

How they may do it:

They use and share psychology to help with the following:

- Assess a young persons strengths, needs and identify what should be in place to help.
- Support and encourage young people in structured or therapeutic conversations to promote well-being.
- Help young people explain their needs to others.
- Facilitate group work for young people.
- Facilitate planning for the future that is centred around them.
- Support educational settings through training.

Statutory role

Educational psychologists have a role for providing recommendations for education, health and care needs assessments so they will become involved if this type of assessment is agreed by the council.

What to expect if an educational psychologist becomes involved with you

The Educational Psychologist will:

Tell you about the work they do and the purpose of their involvement

Educational psychologists will always try and ask young people for their own views. They will try and identify a way to work that the young person is happy with. This may involve meeting in person or online, or gathering information over email or on the telephone.

Talk to other adults about your needs to help them understand what is happening for and around the young person.

Plan with you and other adults the work they will do to help

They may need to:

Observe you completing a task.

Talk to you about what you like, do not like doing and what helps you.

Work with you to complete activities or questionnaires.

Help you and those around you to monitor how effective strategies are in helping you.

If meeting in person, educational psychologists usually meet young people in their educational setting but will sometimes visit at home or in another space the young person feels comfortable with.